



WIC Formula and Foods Documentation Quick Guide

Contract Standard formulas

The NH WIC Program provides **Abbott's Similac Advance Abbott's Similac Sensitive, Total Comfort, and Similac Soy Isomil*** as the standard iron-fortified milk and soy-based formula for healthy infants during the first year of life, per parental choice. (*a medical note/approval is needed to provide to premature infants.) Other standard milk or soy-based infant formulas will not be provided by the NH WIC Program.

WIC food packages and formula amounts

The amount of formula provided by WIC is linked to the age of the infant and feeding choice of the parent, i.e. breastfeeding, partial breastfeeding or fully formula fed. WIC is a supplemental nutrition program and the amount of formula provided is set by federal regulations. This amount may not meet all of the requirements of the participant. See [Medical Documentation Definitions \(nh.gov\)](#)

Infants 6-12 months of age with a medical documentation requiring the delay of supplemental foods may be provided additional formula in lieu of infant foods normally provided at this time. See [WIC Request for Standard Formula for infants 6 to 12 months without WIC foods \(nh.gov\)](#)

Special formulas Special formula is for an infant who has medical or dietary problems such as inborn errors of metabolism, low birth weight or prematurity. Special formulas may also be prescribed for children or women. See [Microsoft Word - Formulary ABBOTT Effective 10.2020 Jan 2023 releasev2.doc \(nh.gov\)](#)

Qualifying conditions Medical documentation is federally required to ensure that the patient under your care has a medical condition that requires the use of special formula (or additional standard formula—see standard-contract formulas above) and if WIC foods are precluded, restricted, or inadequate to meet their special nutritional needs. As the health care provider (HCP), you are verifying you have seen and evaluated the patient's nutrition and feeding problem(s) and symptoms determining he/she has a serious medical condition. There are non-qualifying conditions that will not be accepted for the provision of special formulas. See [Medical Documentation Definitions \(nh.gov\)](#).

Request for Special Formula Form (RSF)

Documentation requirements are included on the *Request for Special Formula and Authorization for WIC Supplemental Foods Form* including the allowance of the WIC nutritionist to determine the supplemental foods, amount and length of

issuance of the supplemental foods unless directed otherwise by the prescribing HCP. Medical documentation is valid for up to 12 months. Request for Special formula are subject to WIC approval and the continued need for a special formula will be re-evaluated on a periodic basis. See [wic-noncontractformula.pdf \(nh.gov\)](#).

WIC and Medicaid/NH Medicaid/Managed Care Organization (MCO)

WIC continues to coordinate with the New Hampshire Medicaid Program for the provision of special formulas for dually enrolled participants of both programs. For dually enrolled participants on WIC and Medicaid, NH Medicaid/Managed Care Organization (MCO) determines and provides special formulas. Healthcare providers should work directly with the participant's MCO for the requirements/additional forms/prior authorization for the provision of special formulas. Because WIC may need to provide the special formula prescribed temporarily, a completed WIC Request for Special Formula form is needed.

Additional Food Package options

Whole milk may be provided to children 2-5 years old and women who also receive a special formula due to a qualifying condition through the WIC or Medicaid Program per the nutritionists' assessment of needing the extra calories of whole milk.

Soy milk/tofu may be provided as a substitute for milk for women/children participants per request and a nutritionists' assessment. For children 12 to 24 months of age, Similac Soy Isomil infant formula may be provided per HCPs request and completion of an RSF. (There are no other milk substitutes federally allowed at this time.)

Infant foods are available for adult/child participants on a special formula for whom solid foods are contraindicated. Jarred infant foods may be substituted for the fruit and vegetable benefit. Infant cereal may also be substituted for regular cereals.

For more information call, email or visit our website at:

1-800-942-4321 or 603-271-4546; wic@dhhs.nh.gov
[Women, Infants & Children Nutrition Program | New Hampshire Department of Health and Human Services \(nh.gov\)](#)